

TRUE CRIME: BALLERINA'S PLAN TO KILL SUGAR DADDY

Jan. 24, 2022

Who



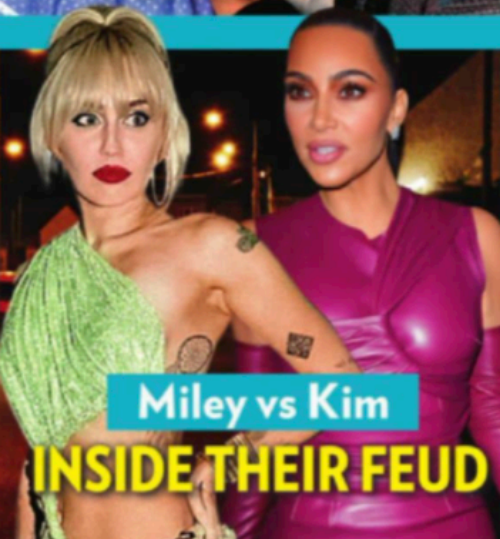
Harry & Meghan

**PLOTTING THEIR
NEXT MOVE!**



Vale Bob Saget

**STAR TRIBUTES TO
FULL HOUSE DAD**



Miley vs Kim

INSIDE THEIR FEUD



DREW
BARRYMORE

KINDNESS HEALED ME

A-list mum shares how she
learned to love herself – and why!

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AUST \$5.60
(inc GST)
NZ \$5.50
(inc GST)

BODY BEAUTIFUL

Here's the latest body sculpting machine you need to know about – celebs are obsessed with it!

Get the toned physique of your dreams – without any hard work! Excuse me? According to the experts, that's exactly what this new buzz-worthy body toning machine from medical aesthetics company Cutera can do.

We chatted to Cutera product and clinical manager Danielle Raballo to find out exactly what TruBody is, and why celebs like Elle Macpherson are raving about a treatment claimed to be like doing the equivalent of up to 54,000 crunches in just 15 minutes!

What is TruBody and how does it work?

TruBody is a 30-minute in-clinic treatment that involves the unique pairing of body-sculpting technologies truSculpt Flex+ and truSculpt iD. In a nutshell, truSculpt iD is designed to reduce fat by using radiofrequency to target and heat stubborn fat deposits (up to 24 per cent in just one treatment), whereas truSculpt flex+ is an adjustable,

non-invasive and personalised muscle-sculpting treatment that replicates crunch, squat and twisting actions across the body.

Does the treatment hurt?

The great thing about the truSculpt Flex+ part is that it feels like an actual workout. You can feel your muscles contracting during the treatment. Intensity of the treatment can be adjusted based on your goals. Patients say truSculpt iD feels like a hot stone massage.

When can results be seen?

Results can be seen between eight to 12 weeks after having your last treatment.

Who is this treatment for?

Treatments are best suited to those who are close to their ideal body weight but are after more definition. For truSculpt Flex+ in particular, it is also suited for those who cannot exercise due to an existing medical condition or injury.

What is the cost?

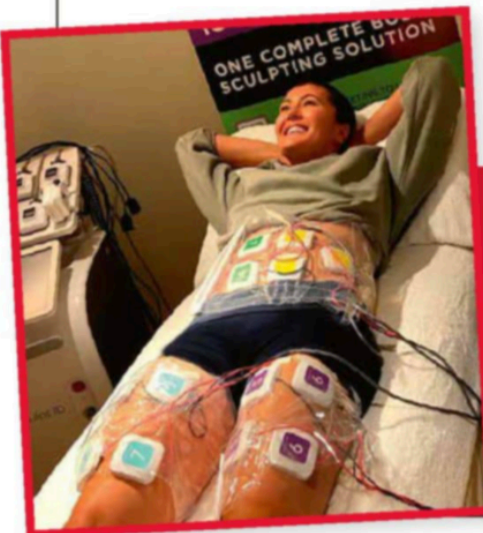
Prices vary depending on consultation, body type and goals of the client, but truSculpt iD starts from \$1500 for one treatment and truSculpt flex+ starts from \$750.

For more information, visit cuteraanz.com



The supermodel says this in-office treatment gave her back her core at 55.

ELLE
MACPHERSON



BEAUTY-EDITOR APPROVED!

"The sensation of the truSculpt Flex+ was so intense, but weirdly addictive. I love my results and the definition it has given me in my legs and upper abs."

– Elise Wilson, Beauty Editor