Aesthetic

PRODUCTS & SERVICES

**PRODUCTS** 



Greg Goodman, MBBS, FACD, MD, GradDipClinEpi, has been a practicing dermatologist for more than 30 years. His areas of specialty include skin cancers, Mohs micrographic surgery, lasers in dermatology, cosmetic dermatology, facial ageing and the treatment of acne and acne scarring. He is an associate professor at Monash University in Melbourne, Australia. He is chief of surgery at the Skin and Cancer Foundation of Victoria.

Greg is a national trainer

for numerous temporary dermal fillers and is a member of several international editorial boards and advisory committees. He has always had a keen interest in skin care and skin therapeutics and has published extensively on acne and acne scarring and the use of botulinum toxin, fillers, and lasers. His current research interest is skin aging. This interest has seen him develop the My Beauty Potential program. MBPs aim is to achieve long term effective outcomes via a systematic, integrated process of education, assessment and treatment planning.

## ASSOCIATE PROFESSOR GREG GOODMAN DISCUSSES EXCEL V+ TECHNOLOGY

#### Q: Why did you decide to purchase an excel V+?

A: I have had long pulsed 532nm and 1064nm for nearly 30 years, in many different lasers and many different levels of sophistication. The first ones were uncooled, nonpulsed and very hard to control. During this time, I have seen evolution of the machinery and the wavelengths. They are just so useful and versatile.

The 532nm just has the happy knack of being able to target our two main cosmetic colour concerns of epidermal pigmentation and vascularity. The 1064nm has that unique ability to target deeper vascular lesions.

The recent technology also has a mid-pulse duration alternative (termed 1064 and 532nm Genesis) in both wavelengths, which promises to be useful in erythema and texture. This machine continues the historical evolution of this technology. It now has very large spot sizes with good control over pulse duration and fluence. The pre-sets are very useful in this newer technology.

## Q: What are the specific indications you see yourself most often using the excel V+?

A: I like long pulsed 532nm for vascular telangiectasias, general areas of erythema, epidermal pigmented lesions (not moles), but I particularly like this for three dimensional lesions like seborrhoeic keratoses and dermatosis papulose. With enough pulsing, it even works for colourless lesions like sebaceous hyperplasia and skin tags.

It is also good as an activating wavelength for photodynamic therapy for epidermal dysplasia. It seems to be almost the equivalent to pulse dye lasers for port wine stains.

Facial veins, some leg veins and larger perinasal vessels are good targets for the 1064nm wavelength, as are larger angiomas, vascular nodularity and purple variants of vascular birthmarks.

### Q: What type of patients are the best candidates for excel V+?

**A:** This technology is particularly effective for the sun damaged Caucasian patient but is very useful for epidermal pigmentation and vascularity in all skin types. Post inflammatory pigmentation is an issue with treatment of lentiqines in darker skin phototypes and the usual precautions need to be taken for this.

#### Q: What advantages do you see the excel V<sup>+</sup> bringing to your practice?

**A:** Vascular and most epidermal pigmented lesions make up a large proportion of patient concerns when it comes to the skin surface. These types of machines allow effective treatment of many of these concerns.

## CUTERA'S EXCEL V+ BOASTS THE WIDEST SPOT SIZE RANGE IN VASCULAR AND PIGMENTATION TREATMENTS, ENABLING DELIVERY OF UNMATCHED PRECISION AND UNRIVALLED POWER, SPEED AND FLEXIBILITY TO TREAT REDNESS AND PIGMENTATION.

**SMOOTHING GAME** 

world class laser platform, Cutera's excel V+ is recognised globally amongst dermatologists for its engineering and performance excellence.

Offering fifty percent more power and treatment speed of any device in its class, excel V+ also features optimised delivery systems and unequalled precision in treating vascular lesions and pigmentation concerns.

## Versatility +

excel®V+

**GET AHEAD OF THE SKIN** 

With advances including two integrated wavelengths and a greater range of spot sizes, excel V+ is a versatile and fast treatment

with a more comfortable patient experience. Also, its pencil-sized tip means practitioners can be increasingly precise with beam delivery for smaller lesions.

Add to this, excel V<sup>+</sup> has increased power, giving you a device that well and truly sets your clinic ahead of the game. Patients experience gentler but more effective treatments, thanks to larger spot sizes that use less energy, which translates to minimised discomfort. What's more, excel V+ treats rosacea effectively, particularly stubborn small red blood vessels on the face and red facial lesions including birthmarks.

## **AS SEEN IN AESTHETIC MEDICAL PRACTITIONER**

## PRODUCTS & SERVICES



# **ABOUT CUTERA**

Cutera is a leading provider of laser and other energy-based aesthetic systems for practitioners worldwide. Since 1998, Cutera has been developing innovative, easy-to-use products that enable physicians and other qualified practitioners to offer safe and effective aesthetic treatments to their patients.

# Meeting many demands

As the number of patients seeking solutions for rosacea, spider veins and pigmentation grows, excel V<sup>+</sup> offers a multi-pronged approach to meet these many demands. It is also a great solution for those seeking skin rejuvenation.

The offerings of excel V<sup>+</sup> include:

- Fully integrated 532/+ 1064 nm wavelengths, with the addition of 'Green Genesis' a micro-pulsed 532 nm procedure
- Fifty percent more power with the 532 nm wavelength
- Large spot sizes up to 16 mm for doubly fast treatments
- New 'Dermastat' tracing handpiece to quickly treat small vascular and pigmented lesions on the face and body.

# More effective treatments – faster

An excel V<sup>+</sup> treatment takes approximately 10 or 15 minutes, with a series of sessions sometimes required for optimal results in certain patients. The device safely hones in on the signature blood vessels of rosacea and spider veins, destroying them while leaving the surrounding skin undamaged. This helps to reduce downtime, redness, swelling and bruising, which typically will subside within 24 to 48 hours. Furthermore, excel V+ features an in-built cooling mechanism to effectively manage patient discomfort.

Results become evident within two to six weeks, with the final results showing at around six months post-treatment.

## All skin types

While in the past, people with darker skin were advised to avoid this type of modality, excel V<sup>+</sup> is considered suitable and effective for all skin types including dark, light or tanned skin. It also is able to reduce redness and brown spots and boasts a low-to-zero downtime. **AMP** 

For more information, contact us on 1800 288 372 or aumarketing@cutera.com visit us on www.cutera.com.au \*EXCEL V+ IS CONSIDERED SUITABLE AND EFFECTIVE FOR ALL SKIN TYPES INCLUDING DARK, LIGHT OR TANNED SKIN.\*

